







Local Services for the Postpartum Time

PROGRAM DETAILS	POSTPARTUM NAVIGATORS	POSTPARTUM DOULAS	HEALTHY FAMILIES	EARLY HEADSTART
SERVICES	Postpartum planning and preparation and ongoing support during postpartum.	In home care and support for the whole family.	Home visiting support focused on parent-child attachment and healthy development, support families needs.	Home visiting and social groups to support pre-school readiness and child/family goals.
LOCATION	virtual / home / other	home	home	Home preferred, other meeting locations based on family need.
ELIGIBILITY	everyone	everyone	Meets eligibility criteria (not income based and very easy to qualify)	Public Assistance, homelessness, SSI or income under 130% of the poverty index.
AGE / PHASE	Third trimester through 3 months postpartum.	First 3 months postpartum.	Enroll prenatally or within first three months postpartum, child's 3rd birthday.	Prenatally or anytime postpartum up until child turns 2 1/2
ACCESS	full scholarships, cash and OHP	cash	free	free
ESPAÑOL	yes	yes (second language speaker)	yes	no
WEBSITE (scan or click)				

This information is provided by the Build Your Nest Postpartum Navigator Pilot Project in collaboration with the other programs, May 2023.